



Newcastle Markets Apples Ain't Apples Presentation Guidelines and Requirements

- Please read the following information before requesting the Apple Ain't Apples Presentation.
- The Newcastle Markets Apples Ain't Apples presentation is designed for students in Years 2, 3 and 4. Bookings for students outside these age groups will not be accepted.
- Due to limited resources, the presentation is only available to schools within one-hour driving distance of the Newcastle Markets (Sandgate) and for one visit per school, per year.
- The group size is limited to no more than 100 students.
- The presentation takes approximately 45-60 minutes, depending on the size of the group.
- All Apples Ain't Apples presentations will be scheduled for the morning usually start at approximately 9.30am.
- Only one Apples Ain't Apples presentation will be given per school visit.
- The presentation content covers how much fruit and vegetables they should be eating every day, what nutrients are in fruit and vegetables, the difference between fruit and vegetables, the different parts of the plant that fruit and vegetables come from and how fresh produce travels from paddock to plate through the Central Market System. Students will also get the opportunity to view and name interesting and unusual fruits and vegetables. An apple taste testing and visit from one of the Newcastle Markets fruity characters will also be included (character subject to availability).
- The presenter will require access to a whiteboard.
- To include a character appearance the school will need to provide a volunteer to wear the costume (for example a responsible Year 6 student), a minder to assist the character volunteer and a place to change into the character costume that cannot be seen by the students participating in the presentation.
- The school will need to supply a person to cut up apples for the taste testing at the end of the presentation Newcastle Markets will supply the apples, cutting board, knife and containers.
- The Apples Ain't Apples presentation is provided by Newcastle Markets to eligible schools free of charge as part of the Fresh Approach Program.

To book the Apples Ain't Apples presentation for your Year 2, 3 or 4 class please complete the booking form and fax it to the Newcastle Markets on 02 49602481.

Please provide three suitable dates (in three different weeks)

Your booking will be confirmed by fax within two weeks of receipt of the completed booking form.

For further information please contact the Fresh Approach Coordinator via email – mail@newmarkets.com.au or fax 02 49602481